

Art of Practice

- *Practice Everyday*
- *Be organized and consistent*
- *Be patient - Take your time*
- *Practice quietly and slowly*
- *Develop control*
- *Figure out sticking and hand foot combos*
- *Relax!!!!*
- *Practice with a mirror*
- *Practice with musical form*
- *Practice with and without a click*
- *Warm-up before practice*
- *Stop when fatigued*